

Chiropractic

Mondays: 7:30-6
Wednesdays: 7:30-6
Thursdays: 10-4
Fridays: 7:30-6:30

First visit (Exam and Treatment)
\$75

Chiropractic treatment,
general
\$45

Evaluation only...
\$35

Muscle Stim with heat
\$30.00

Insurance and PI Liens accepted,
(some restrictions apply, see your individual policy)

PEOPLES PLAN:
12 VISITS \$275.00

Massage

By appointment, preferred:

Massage Combo Technique!

Ultra Deep Tissue
Swedish
Acupressure
Trigger point
Shiatsu

50 minute.....65.00
30 minute \$35.00

Massage plan
(5 sessions).. 195.00
(you pay only around
\$39per visit*)

YOGA

Mondays: 7pm
Thursdays: 8:30am
Saturdays: 8:30 and 11am

Walk-in\$14.00

Package of 10..... 120.00

All classes are 1&1/2 hours in length, bring your own mat, turn off your cell phone and breathe...

Pilates - (Floor work)

Wednesdays at 7:00 pm
Sundays 11am

◇ *Only \$10/class*

BACKBENDERS.COM

For more info.

Yes, this is the fine print... Insurance is NOT billable for ANY of the specialty plans or yoga classes. Minimum co-pay for massage is \$45.00, Coupons NOT applicable to plans unless SPECIFICALLY noted for such, Non transferable. Non-refundable except as noted in the contract. Some insurance plans do not cover massage therapy at all. Some plans have a limited number of visits covered. Some plans have dates of expiry – it is your responsibility to make appointments. Client/patient is responsible for understanding their own coverage limits. Amount for special plans due upon sign up. If schedule is not kept, remaining visits will be deducted from that plan using the regular fee schedule as mentioned above. All fees for therapies will be billed separately according to regular fee schedule. All plans automatically void if not used with in one year of sign up. Once on a plan and you want to cancel, there is a \$69.00 service/administration fee, also subtract used visits at full fee.

All plans are for cash patients only and are based on regular/average fees reimbursed by insurance. No billing available. *Effective August 9, 2010*